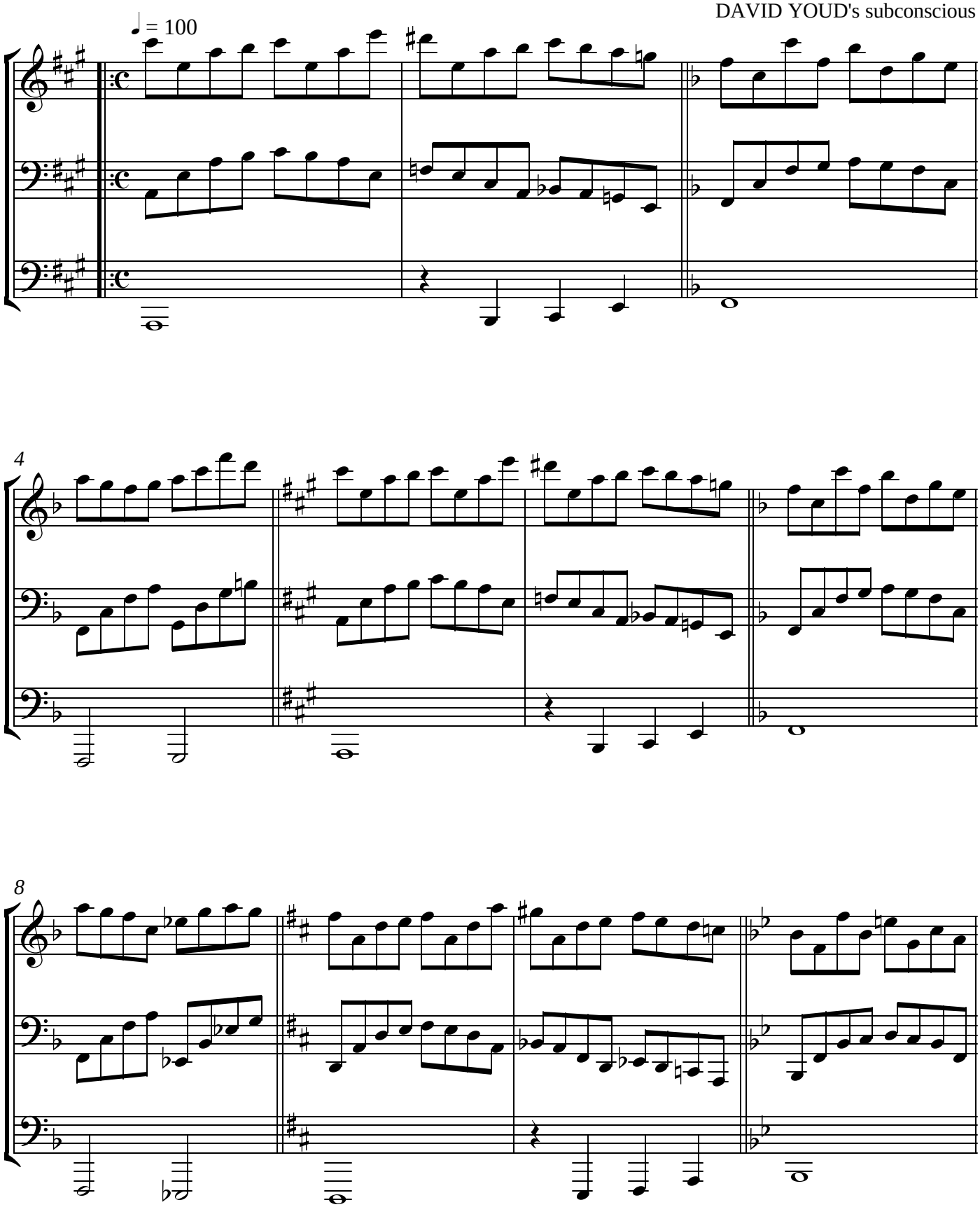
# mindinmotion

DAVID YOUD's subconscious

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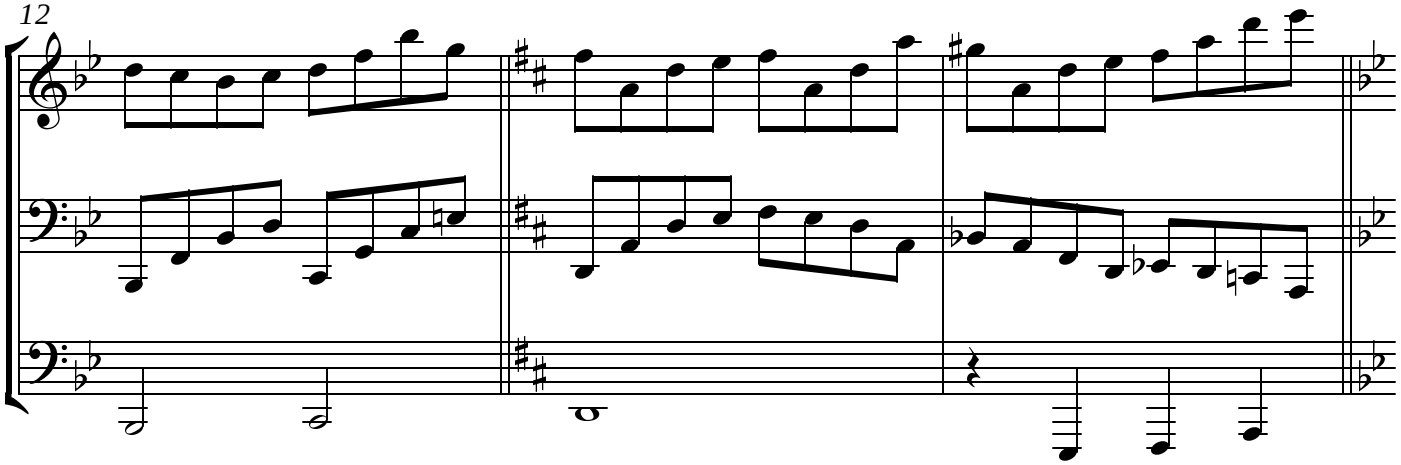

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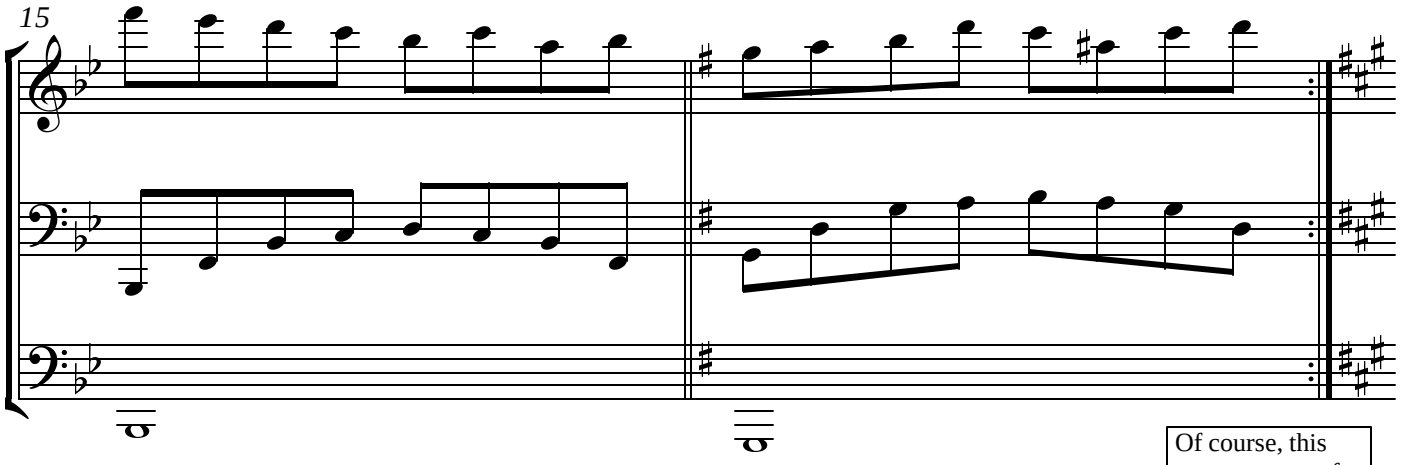

Of course, this repeat repeats for hours upon hours

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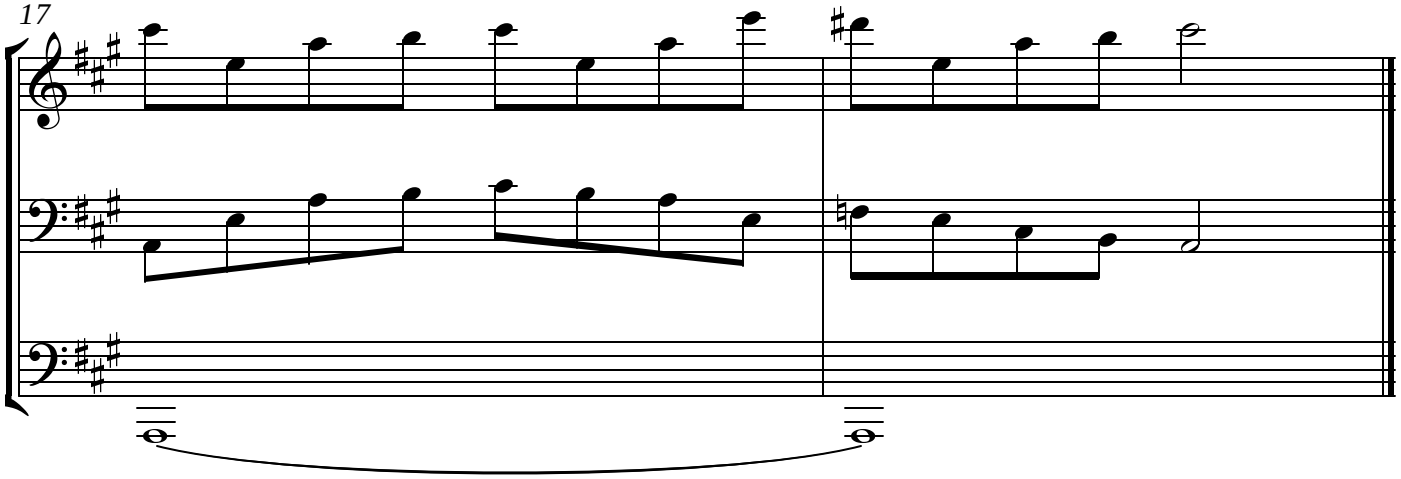

This music came about due to a conversation in an email-based book club (below):

> On 2/19/06, *David Youd* wrote:
>  What follows is not David on drugs, but it's going to read like it is:
>
>  Alisa is preoccupied with "balance" in words. I do a similar
>  thing with rhythm, or at least, I did for 20 years, from grade
>  school through my mid-20s. This is not going to make sense to any
>  of ya. I was plagued with the notion that rhythms and meters (in
>  the musical sense) were to be superimposed upon every set of
>  events that occur over time. The simplest example was when I was
>  walking. Each of my foot steps fit into an underlining rhythm.
>  I would mentally place an emphasis on one step or another, but not
>  every one. This would "unbalance" the rhythm, and by the end of
>  the meters (or a group of them), I was careful to make sure it all
>  evened out -- zero sum. As with Alisa, stepping on cracks would
>  definitely add imbalance, but so would altering your steps too
>  much to avoid stepping on one, since stepping too hard is the same
>  as adding that mental emphasis to the step, and making the step
>  reaches longer does delay ground contact, creating a syncopation
>  that has to relate in some structural way to the underlining
>  rhythm, etc. Syncopations demand equal and opposite syncopations,
>  which layered more complexity on top of the rhythm.
>
> ----------
>
> Time to prove I'm a little musically insane.
>
> After writing the ABC feedback, I realized that I could quickly have
> my computer play the stuff that runs unwelcomed through my head.
> There are a number of these subconscious "compositions", but I'll only
> transcribe one.
>
> It happens mostly when walking, doing dishes, mowing the lawn, or
> basically when there is a lack of sensory input. As intestines with
> nothing to grab on to can start cramping, my hyperactive musical mind
> with nothing to latch on to spins through highly repetitive patterns
> of notes before my conscious mind becomes aware of it (and gets mighty
> annoyed by it). It's hard to shut off, especially since I pace my

> activities to its structure, of course rhythmically, but also
> note-wise, and this reinforces the musical non-sense. Actually, the
> patterns are not nonsensical, but they're not what you would call melodic.
>
> The MP3 (link is below) is pretty close to what can go on repeat for
> hours at a time, though not as bad as it used to. The MP3 ends (I
> only had it repeat once), but the real versions in my mind go on and
> on. I only realize later that at some point, it has stopped.
>
> These musical computational whatevers always feature a relentless
> stream of notes. If a note could have been held, it bounces around
> the chord it lives in instead. The low base line in this MP3 is the
> sense of motion the piece has as it repetitiously moves between keys.
>
> This is not how I would compose music to be listened to. In fact,
> some of the notes in particular really bug me. But I'm just
> transcribing what goes on, now how I think it should be. This is
> pretty much note for note, and it's odd to hear it coming to me from
> an external source (from a computer speaker system). This feels weird
> to share this, but heck, why not.
>
> Right click the following link and choose the "save target as" or
> "save link as" option from popup menu to download the MP3:
> http://www.youdzone.com/music/mindinmotion.mp3
>
> I'll go back to pretending I'm normal now. Hopefully I haven't scared
> ya all. :-)